

# Generations Senior Living vs. Home



## Living at Home

As we get older, maintaining both our home and our lifestyle becomes more challenging. Consider how Generations Senior Living of Strongsville offers a positive way to manage these challenges and live more independently.

The warm company of neighbors. Engaging social, cultural and educational events to participate in every day.



Isolation from friends. Fewer opportunities to socialize and stay involved in outside interests.

Scheduled van service available for local shopping and outings.



Reliance on others' availability to get you where you need and want to go.

Dining with neighbors. Plenty of freshly prepared menu options presented with table service.



Eating alone. Prepackaged meals. Difficulty following special dietary requirements.

Housekeeping, laundry and maintenance provided by a professional staff.



The time and energy-consuming burden of cleaning, laundry and maintenance.

Individual Emergency Response System. Help available from 24-hour on-site staff.



Anxiety about if/when help will be available in case of emergency.

Various opportunities to improve mobility, strength, and overall wellness. Friends to offer encouragement.



Limited access to fitness programs and equipment. Lack of motivation.

Discreet support provided by familiar, caring and well-trained staff as needed. Being more independent.



Increased dependence on family and outside help for routine activities. Feeling like a "bother."



# Affordability

| MONTHLY EXPENSES   | GSL STRONGSVILLE | *OHIO AVERAGES | WHAT ARE YOU PAYING? |
|--|------------------|----------------|----------------------|
|  House Payment/Rent  | \$               | \$1,100        | \$                   |
|  Property Taxes  | INCLUDED         | \$150          | \$                   |
|  Property Insurance  | INCLUDED         | \$70           | \$                   |
|  Utilities ( <i>Gas, Water, Electric, Phone</i> )  | INCLUDED         | \$200          | \$                   |
|  Home Maintenance  | INCLUDED         | \$250          | \$                   |
|  Cable Television  | INCLUDED         | \$100          | \$                   |
|  Lawn Care/Equipment  | INCLUDED         | \$150          | \$                   |
|  Snow Removal  | INCLUDED         | \$150          | \$                   |
|  Wireless Emergency Pendants   | INCLUDED         | \$100          | \$                   |
|  Security  | INCLUDED         | \$30           | \$                   |
|  Food ( <i>Daily Meals</i> )   | INCLUDED         | \$350          | \$                   |
|  Housekeeping  | INCLUDED         | \$300          | \$                   |
|  Laundry   | INCLUDED         | \$60           | \$                   |
|  Licensed Nursing & Resident Attendants On Staff<br><i>(vs. In-Home Sitter Services)</i> | INCLUDED         | \$4,000        | \$                   |
|  Social Activities   | INCLUDED         | \$50           | \$                   |
|  Peace of Mind   | <b>PRICELESS</b> | N/A            | \$                   |
| <b>TOTAL</b>   | \$ /mo.          | \$7,060/mo.    | \$                   |

\*These numbers represent averages collected for residents in the state of Ohio.